

NUTRITIONIST ENTREPRENEURSHIP PROGRAM

www.myNEP.org

PROSPECTUS 2024



Join the Nutripreneur Revolution!

FOREWORD

Dear Nutripreneur,

Slightly over 8 years ago, when we meticulously designed and executed our first NEP cycle, we knew only two things:

One - we want to empower the Nutritionist community

Two - inspiration isn't enough, we want to transform!

Sure enough, with intent in our heart and purpose in our mind - we manifested a lot in the past 8 years.

18 cycles of the flagship program, 158 graduated fellows, 40+ cities, 10 countries and 3000+ nutritionists and dietitians benefitted through our various other programs, workshops, symposia, summits and webinars, and we are not done yet!

Our greatest source of inspiration is to see our community succeed and reach great heights - and sure they have made us proud! Are you ready to be one of them?

Being able to wake up in the morning to a job which allows you to touch lives and witness positive changes is an inexplicable joy of a different kind!

Thank you for allowing us to do this.

*To your success,
Dr. Vishal Marwah
Program Director, NEP*



Dr. Vishal Marwah (MS, MBBS)
*Physician Leader and Lifestyle Coach
Founder, Vishwas
Program Director - NEP*

ABOUT NEP

NEP is a social enterprise founded with the aim to empower Dietitians and Nutritionists via experiential programs, workshops and symposia. Our goal is to provide the community with the skills, resources and tools to build, sustain and grow their nutrition practice.

NEP is for you if you are...



- ✓ A fresh nutrition graduate looking to start your own practice
- ✓ An established nutritionist/dietician looking to grow your practice and need help along the way
- ✓ Someone who values work-life balance and are searching for creative ways to generate revenue while working from home
- ✓ Tired of your routine, mundane job and would like to try something innovative in the healthcare space

BENEFITS of NEP



- ✓ Ample support, guidance and hand-holding from industry experts and mentors
- ✓ Step-by-step guide on how to expand and grow your health and nutrition practice
- ✓ Tailor-made and actionable strategies on generating revenue without working a full-time job
- ✓ Work-life balance
- ✓ Your own personal brand





158 Fellows



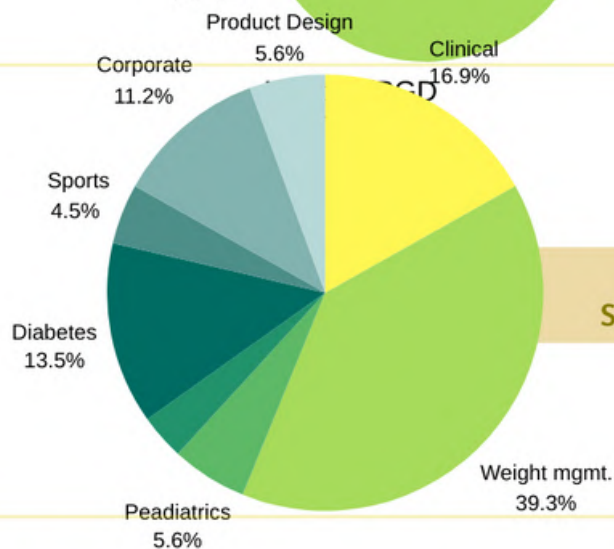
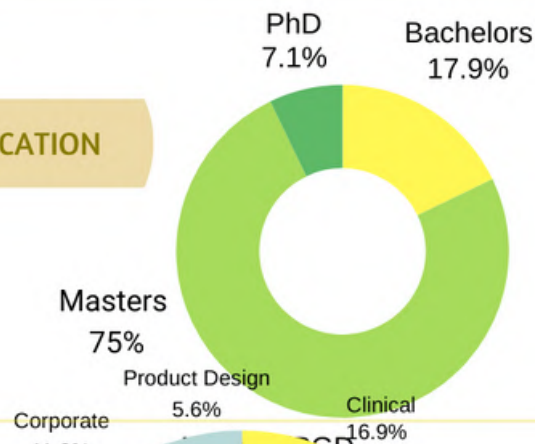
40+ Cities



10 Countries

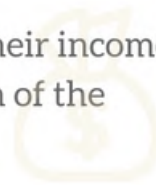
PROFILE OF NEP FELLOWS

EDUCATION



AREAS OF SPECIALISATION

75% of NEP graduates **DOUBLED** their income within 6 months of completion of the program



33% of NEP graduates got featured in the **MEDIA** between 2016 till 2022















3000+

Students and graduates attended
NEP workshops, webinars & eNlight



eNlight

What we stand FOR		What we stand AGAINST
		
Cooperation		Competition
Growing together		Growing alone
Innovative thinking		Boxed thinking
We		I
Action		Procrastination
Risk taking		Playing it safe
Big picture		Narrow focus
Empathetic		Self indulgent
Tech-savvy		Tech-phobic
Dreaming + Doing		Only Dreaming

Program Director



Dr. Vishal Marwah

Physician Leader and
Founder, Vishwas

Dr. Vishal Marwah is the Founder and Physician Leader at VISHWAS, a social enterprise committed to promote health and well-being in communities, worksites and schools. Over the past few years, Dr. Vishal has been a family physician, wellness coach, researcher, motivational speaker, author, and yoga teacher. Prior to VISHWAS, Dr. Vishal was responsible for coordinating the efforts of the Global Cardiovascular Disease Programs at the Mount Sinai School of Medicine in New York.

He holds the honorary position of the Regional Chair (India) for the International Association of Worksite Health Promotion. He has also authored a book chapter on India, in an international publication – ‘Global Perspectives in Workplace Health Promotion’. His efforts have been recognized at the international level, and the VISHWAS model of Physician Leadership has been awarded the ‘Grand Challenges Canada – Rising Stars in Global Health’ grant award. He is also leading the Mumbai Chapter of the Start-up Leadership Program, and is the Lead Evangelist for the TiE Health Entrepreneurs network.

"An entrepreneur is someone who jumps from a plane without a parachute, and figures out how to build one on the way down."

- Matt Salzberg
(CEO, Blue Apron)



Technology Mentor



Sweta Pillai

BE (IT), MBA (Finance)

An IT engineer and a Project Management consultant by profession, Sweta brings to NEP her vast experience in applying IT skills to business. Over the past 12 years, she has trained over 10,000+ people and has worked with customers like Maruti Suzuki, Adani Group and Pearson Education.

Sweta is also an avid Yoga practitioner, loves to travel, dance and cook healthy meals. She attributes her focus and creativity to the practice of Vipassana Meditation. As a Technology Mentor at NEP, she will be guiding the participants through their transformational journey.

"The mind is everything. What you think, you become."

- Gautam Buddha



Design Mentor



Tarannum Mohamedy

Holistic Nutritionist &
Design Enthusiast

As a design mentor at NEP, Tarannum is dedicated to guiding participants in honing their design skills.

Her background as a holistic nutritionist, and founder of Beyond Wellness equips her with a diverse skill set spanning health counseling, empowerment coaching, database management, digital marketing, and e-commerce.

She is passionate about merging her knowledge from the tech world with medical nutrition therapy to deliver effective treatment. A lifelong learner and design enthusiast, she is constantly seeking new knowledge and experiences. She enjoys trekking, teaching, baking, and traveling.

"Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure. We ask ourselves, 'Who am I to be brilliant, gorgeous, talented, fabulous?' Actually who are you not to be? We were born to make manifest the glory of God that is within us. And as we let our own light shine, we unconsciously give other people permission to do the same."

– Marianne Williamson



NEP Community Manager



Arwa Ujjainwala

Clinical & Lifestyle
Nutritionist

Arwa is a dedicated clinical and lifestyle nutritionist, specializing in guiding individuals toward healthier lifestyles. With over three years of hands-on experience, she has honed her skills as a trusted advisor in matters of health and wellness.

Arwa's journey in the field of nutrition has been multifaceted. In addition to her expertise and work as a freelancing nutritionist, she is also a passionate educator and communicator. She has been associated as a nutrition professor with various colleges across Mumbai, and has accumulated over three years of experience as an assistant professor teaching subjects such as meal planning, lifecycle and clinical nutrition. Her experience in academia has provided her with a deep understanding of the opportunities as well as the challenges within the field.

Beyond her professional pursuits, Arwa is an avid enthusiast of running and is currently training for a half-marathon, as she strongly believes in walking the talk. She also enjoys expressing herself through poetry, using words to connect with herself and others on a deeper level.

"Be scared and do it anyway."

- Anonymous



NEP Mentors



Prof. Shubhada Kanani
Founder, Pranali

Dr. Shubhada Kanani, a fellow from the 2021 batch has been a professor in the well known M.S. University of Baroda for over two decades; currently affiliated with Parul University as a visiting professor.

During her illustrious career supporting government departments and voluntary organisations for strengthening nutrition focused programs, She has won awards and appreciation for her constructive role and technical expertise, such as awards from the Nutrition Society of India. She is also passionate about spreading nutrition-holistic health awareness through nutrition communication and social media, especially for women, children and teens, our future. She believes in partnerships - with Indian Dietetics Association, she produced patient-friendly booklets for dietary management of chronic diseases; with CSR-industry, she has counseled parents of children with type 1 diabetes; with school managements, she has been supporting school nutrition-fitness promotion programs.

An avid learner and a 'forever student' as she calls herself even after 3 decades in nutrition, she stepped out of her comfort zone and is now mastering the technicalities of using social media for holistic nutrition promotion among young families and young people. Through this journey, NEP has been her mentor and guide.



Shiny Surendran
Founder, Art of Eating
Internationally acclaimed
Sports Nutritionist

Shiny Surendran is an internationally acclaimed sports nutritionist and is the first Indian to be certified with Graduate Diploma in Sports Nutrition by International Olympic Committee. She is a certified Level 2- Kinanthropometrist from ISAK New Zealand and also an accredited Sports Dietitian from Sports Dietitian Association – Australia. With her profound knowledge in the field of sports nutrition, she has helped 100s of athletes globally, both elite players who have participated in top International Championships as well as young budding athletes, optimize their athletic performance.

With her specialisations in sports nutrition, preventive nutrition, Kinanthropometry and Nutrigenomics has helped high profile athletes, celebrities from film industry and several individuals deal with a wide range of nutrition related health problems including competitive athletes and recreational athletes obesity, PCOS, diabetes, cardio-vascular disease, digestive disorders, infertility, food allergies etc.

She is an eternal optimist dedicated to helping people understand that being healthy and fit isn't just a fad or a trend but a lifestyle. She is a fellow from the NEP January 2022 batch, and has been an avid evangelist for the community! Her spirit of giving back to the community is what makes her extremely popular among the fellows.

NEP Mentors



Shilpa Mittal

Founder, ShilpsNutralife

Shilpa Mittal, NEP fellow from the 2020 cohort is the Founder of ShilpsNutralife Nutrition and Lifestyle makeovers. She is a merit ranker and a winner of the 'Nutripreneur of the year' award for her several innovations. With over two decades of experience having managed 2 clinics in Mumbai, she helps people fall in love with food be it illness or wellness through her unique model of creative dieting which has inspired 10,000+ people. She loves to design programs for kids and adults, and NEP has played an important role in facilitating the same. She is one of the first nutritionists in India to have her own android app "shilpsnutralife" for educational purposes. She loves to bring out workable practical solutions to clients, recently launched her salt and preservatives free seasoning mix. She is extremely tech-savvy and is always looking to integrate the same in her practice. Her motto is 'Action speaks louder than words' and as such she believes in taking action and not waiting for the perfect solution.



Simmi Khanna

Founder, SK Lean

Simmi Khanna, founder of SK Lean is a fellow from the very first batch of NEP. As a wellness and lifestyle coach with over 24 years of experience in the field of nutrition she has transformed people's lives through her holistic approach. She believes that healthy eating is not about strict dieting, staying unrealistically thin, or depriving yourself of the foods you love, but about holistic lifestyle change. Passionate about cooking healthy has led her to write a book 'Heal with Love - Simmi's Secret Recipes'. She has won several awards in the field of nutrition and fitness industry for her innovations. Besides this, she has contributed to several magazines, news publications and has also featured in TV interviews. She has also designed engaging nutrition board games and fitness card games for children. If this is not all, she also offers a range of homemade healthy food products that she offers to her clients. Simmi continues to inspire the NEP community through her innovative practices and constantly reinventing herself. Always ready to give back to the community makes her one of the most popular fellows in the NEP community.



NEP Mentors



Richa Srivastava
Founder, Nutrospect

R.D Richa Srivastava, an NEP fellow from Delhi NCR is the founder of Nutrospect. An award winning Dietician & Nutritionist with a diverse and rich industry experience spanning nearly 2 decades, she is extremely passionate about evidence-based nutrition practice in clinical settings. Richa has designed several programs for disease prevention & management. Her strength as a successful dietician has its foundation deeply rooted in thorough understanding of her subject and staying up to date.

She is a true believer of continued learning and highly recommends expert trainings to enhance nutrition practice. In the same spirit, Richa has also designed excellent training programs for dieticians in niche areas like Autism and Clinical Counselling Skills for private nutrition practitioners.

NEP has been instrumental in catapulting her journey as a successful Nutripreneur and now she enjoys her work all the more with enough freedom to work as per her choice and on her terms. She also recently won an award for the 'Most Outstanding Service to the NEP community' for her selfless contribution to the cause of the nutritionist community.



Disha Jhaveri Shah
Founder, Nutrient Insights

R.D. Disha Jhaveri Shah, Founder of Nutrient Insights is a Mumbai Based Clinical Nutritionist, a certified Yoga Therapist and a Lecturer with Exercise Science Academy & Yoga Therapy Course of Yoga Vidya Niketan. She is a fellow from the 2017 batch of NEP. She has completed her PG in Clinical Nutrition and Dietetics with specialization in Cancer and Critical Care.

A motivational counsellor par-excellence, she is extremely popular among her patients because of her kind, empathetic and systematic approach. She has mastered the art of getting 'only' 5 star reviews from her clients. She uses technology to the hilt to make her workflow more efficient to wow her clients. A powerful public speaker who exudes confidence, Disha is also very popular among students at the Exercise Science Academy and also the NEP community.



NEP Mentors



Lovely Ranganath
Founder, Good Food Guru

'Passionate about Nutrition' best describes Lovely.

Lovely has been in Dubai all my life – childhood to schooling / and came to India for a brief period to complete my post graduation in Nutrition & internship as a Clinical Dietitian. Since the science of Nutrition is in its infancy, She is forever in the #Learning never stops. She is a Dubai Dept of Health Authority registered diet & nutrition consultant with over 20+ years of experience in both Healthcare and Hospitality. The Dubai factor has given her an edge in being familiar with global culture & cuisine. From managing the dietetics department of reputed hospitals in Dubai to developing a meal delivery service, conducting large scale corporate wellness programs for various private and govt organisations in Dubai, contributing to local newspapers, magazines, appearing in various TV shows to working with a COVID field hospital – she is truly grateful for all the varied experiences. Right now, she is busy setting up her nutripreneurial venture “Good Food Guru” which is an educational platform for chefs.



Gayathri Chandrasekhar
Founder, ZeNourish

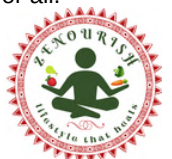
Gayathri Chandrasekharan is an accredited clinical dietitian, diabetes educator and wellness expert. She has a master's in food services management and Dietetics and over 25 years of experience in the field.

Passionate about coaching people who suffer from seemingly insurmountable lifestyle diseases, Gayathri is now a proud NEPite and set up her venture ZeNourish two years ago. She designs customized one-to-one guidance programs that identify and nurture the mind-body connect. So far, she has had many clients who have recorded lifestyle reversals towards healthy living. Her special areas of interest are:

1. Diabetes
2. Weight loss and weight stigma
3. Kidney disease

Gayathri began her journey as a dietitian with Apollo Hospitals, Hyderabad, and went on to become the In-charge of the Lifestyle Unit at Apollo Hospitals, Chennai. She has been consulting for the Al Hayat International Hospital in Muscat and is currently the Head of the F&B and Diet Department, a department she founded 15 years ago.

Gayathri envisions a future where lifestyle diseases are a myth and intentional healthy living is the natural practice for all.



The most powerful program that transforms
Nutritionists into Nutripreneurs!

NEP 6 Weeks Flagship Program

June 2024 cycle

8 joyous years of empowering Nutripreneurs!



JOIN THE NUTRIPRENEUR REVOLUTION

FLAGSHIP PROGRAM CURRICULUM



Week 1 - Health promotion fundamentals (Theories, models and motivational counselling)

- Introduction to NEP and the art of story-telling
- Health promotion theories and the Science of behaviour change
- Art of motivational counselling
- Effective public speaking



Week 3 - Wowing clients (Persuasive Design and innovative offerings)

- Art of Getting things done
- Wowing your clients with great experience
- Introduction to Design thinking
- Designing health promotion programs



Week 5 - Beyond diet plans (Pricing, telephonic counselling, digital marketing)

- Pricing workshop 1
- Pricing workshop 2
- Online and telephonic counselling
- Digital marketing (SEO, SEM, and Facebook Ads)



Week 2 - Attracting clients (Branding, sales and marketing)

- Building your own personal brand
- Building your own organizational brand
- Getting your first client
- Selling your services



Week 4 - Digital and Tech week (Graphic and Website Design)

- Introduction to Graphic Design
- Creating Persuasive content
- Using Graphic Design tools
- Workshop on web-designing



Week 6 - From Ideas to Implementation (Leadership, finance, negotiation)

- Workshop on leadership and team building
- Art of negotiation
- Financial management
- Critical issues in Nutrition - Individual and group presentations

FLAGSHIP PROGRAM DETAILS



Program fees for the flagship program:
For Indian nationals: 42000 INR (All inclusive)
For Foreign nationals: USD 550 (All inclusive)

Includes:



6-week intensive online program



100+ hours of video lectures (access to NEP online learning portal with web and mobile app)



NEP coursebook (a hard copy will be shipped to your residence/workplace prior to program commencement)



8 week support post program completion



One-on-one mentorship and support with program directors via NEP office hours (30 minutes/week)

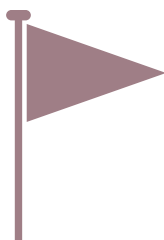


16 live interactive sessions via video webinar + comprehensive one-on-one support over phone and email.



Lifetime access to the NEP alumni and mentor network

Financial assistance:



We have a limited number of partial, need-based scholarships for outstanding candidates. Decision regarding scholarship awards will be taken after the personal interviews. Participants will be assessed based on their financial status, commitment toward nutrition, community service, and leadership qualities.

FLAGSHIP PROGRAM SCHEDULE 2024



Program dates: June 1st to July 31st, 2024

Last day to Apply - May 1st, 2024

Week 0	June 1	Inaugural session and Orientation
Week 1	June 3 - June 9	Health promotion fundamentals
Week 2	June 10 - June 16	Attracting clients
	June 17 - June 23	Study break 1
Week 3	June 24 - June 30	Wowing clients
Week 4	July 1 - July 7	Digital and tech week
	July 8 - July 14	Study break 2
Week 5	July 15 - July 22	Beyond diet plans
Week 6	July 23 - July 29	From ideas to implementation
	July 30 - July 31	Final Presentations

- Weekly live group video sessions (60 - 120 min) will be conducted twice a week through the duration of the program
- The exact schedule of the group sessions will be decided after the batch is locked
- The preference of the fellows will be taken into consideration
- Historically, the live sessions have taken place on Tuesday mornings, 7:30 am to 9:00 am IST and Friday evenings 7:00 pm to 8:30 pm (but this is subject to change depending on the preference of fellows).
- Assignments will need to be submitted as per the schedule

ADMISSION PROCESS



STEP 1

Apply online on
www.mynep.org/application

STEP 2

Online NEP
Entrance test

STEP 3

Preliminary Interview

STEP 4

Final Interview

STEP 5

Acceptance
and Payment of Fees

ADMISSION

Detailed process

STEP 1: Apply online on www.mynep.org

- The application is fairly simple and will take only 5 minutes. You will need to upload your resumé.
- After submitting your application, you will receive an automated confirmation email from us.
- You will hear from us within 3 days. If you have cleared the preliminary screening, you will move onto STEP 2.
- The email sent to you will have a scheduling link for the online entrance exam. You are required to schedule the online test within 3 days of receiving the email.

STEP 2: Online NEP Entrance test

- This online test is to assess your basic nutrition and dietetics knowledge and your entrepreneurship potential.
- There will be a non-refundable exam fee of Rs 500 which would have to be paid online. You will need a credit card/net-banking details to make the payment.
- A minimum passing score of 50% is required to be eligible for STEP 3.
- Your objective score will be shared with you immediately after the exam.
- Your essay scores will be shared with you within 48 hours of completion of the exam.
- If you clear this step, you will receive an email with details about Step 3 which will be an in-person or a telephonic interview.

STEP 3: Preliminary interview

- This will be a telephonic interview conducted by one of the NEP Mentors.
- The interview will last approximately 20-30 minutes. You will be assessed on the following 5 criteria -
 - i) Nutrition knowledge
 - ii) Leadership potential
 - iii) Entrepreneurship potential
 - iv) Creativity
 - v) Passion
- You will be informed about the decision of the interview within 72 hours.
- If selected, you will receive an email with details about scheduling the final stage interview.

STEP 4: Final interview

- This will be a telephonic interview conducted by Dr. Vishal Marwah - one of the Program Directors.
- The interview will last approximately 20-30 minutes.
- You will be assessed on your entrepreneurship and leadership potential, your attitude towards nutrition science, and community service.

STEP 5: Final Decision

Each applicant will receive a final decision from us within one week after completion of the final interview stage. There could be one of the following four outcomes.

ACCEPTED (A): Acceptance to the program and securing your spot

- You will be informed about the decision within 48 hours of completion of the final interview.
- You will be informed by email about the decision. You are requested to not call the office incessantly to enquire about the results.
- If you are accepted to the program, you will be required to pay a deposit of 25% of the program fee (INR 9000) within 3 business days to secure your admission. Failing to do this will cause you to lose your admission.
- You will be given a due date by which you will be required to make the remainder payment. Programs fees are to be paid in full two weeks prior to program commencement.

WAIT-LISTED (W): Wait-listed for acceptance to the program

- We are trying to keep our batch size small and compact so that we don't compromise on the quality we deliver to each fellow. Because of this, we sometimes find ourselves in a situation where even though we may love your profile and think you would be a great fit for NEP, we would have to put your application on 'Wait-list.'
- If and when we incur dropouts, your application will move up the wait-list and onto the list of accepted applicants.

CONDITIONAL ACCEPTANCE (C): Conditional acceptance into the program

- In some instances, you may receive a conditional acceptance letter - contingent on your ability to provide a document (Degree in Science/Nutrition for instance) or other evidence as required by NEP

REJECTED (R): Non-acceptance into the program

Your application may be rejected if:

- You do not hold a minimum Bachelors degree in Nutrition/Dietetics/Food Science.
- You have provided wrong and inaccurate information on your application.
- You have provided false certifications, credentials and qualifications on your application.
- You have been found to be involved in unethical, unscrupulous or fraudulent practices.
- You lack an entrepreneurial spirit.

In case of rejection, you are encouraged to schedule a call with the Program Directors to understand how to strengthen your applicant profile for a future cycle. In some instances, you may not be eligible to apply to a future cycle. In said instances, you will be notified via email.

TERMS & CONDITIONS

- The NEP flagship program is for qualified Nutritionists and Dietitians with bonafide degrees irrespective of their country of origin.
- NEP is a professional organisation for a competent few. We maintain high selection standards for our flagship program and once selected, we expect that you demonstrate professionalism in all your conduct towards the program mentors and your co-fellows.
- Program fees are set in advance and are non-negotiable. Please refrain from asking for discounts. We do offer need-based scholarships to deserving candidates.
- If you need to reschedule or cancel your telephonic interview, unless there is an emergency, you are required to give the NEP team a 24-48 hour notice. Unprofessional and erratic behaviour may hamper your chances of getting selected.
- You will have 3 weeks from the date of selection to confirm your participation in the program. NEP reserves the right to withdraw your offer or defer your application to the next cycle of entry in case of delays and an inability to confirm in the stipulated time period.
- If you have an emergency and are unable to join the program post your formal acceptance, you are expected to let the NEP team know at your earliest best. We have candidates on our wait-list whom we would need to move up the list in case of dropouts. Lack of coherent communication and a disappearing act will hamper your chances of acceptance into a future cycle.
- You may be required to provide satisfactory evidence of your qualifications (Degree in Science/Nutrition if required) before admission. Failure to provide such evidence to the satisfaction or providing wrong and inaccurate information and false certifications, credentials and qualifications will result in the termination of your offer and the revocation of your registration.
- In order to secure a place in the program, you will be required to pay a deposit of 9000 INR (USD \$120). If a deposit is required, you will be advised, following receipt of your application, by an email message issued by the Program Director or in your offer letter. If you do not pay the deposit monies in accordance with the payment terms advised in your offer letter, your application shall be withdrawn without further notice. Any deposit you pay will be offset against the balance of fees owed to the program.

NEP Fellows

2016 - 2023



2016 NEP Fellows



Manali Sherkane

BSc in Food Science
and Nutrition
Mumbai



Anagha Desai

MSc in Nutrition
and Dietetics
Mumbai



Simmi Khanna

PG in Nutrition
and Dietetics
Jamnagar



Vaishali Ratnam

MSc in Food Science
and Nutrition
Mumbai



Nusrat Patel

MSc in Nutrition
and Dietetics
Mumbai



Jaini Shah

MSc in Food Science
and Nutrition
Mumbai



Ekta Chheda

MSc in Clinical Nutrition
and Dietetics
Mumbai



Soumya Peeru

MSc in Dietetics
and Food Service Management
Mumbai



Shikha Gala

MSc in Food, Nutrition
and Dietetics
Mumbai



Manoli Doshi

BSc in Food Science
and Nutrition
Mumbai



Mudra Gohil

MSc in Clinical Nutrition
and Dietetics
Mumbai



Deepa B.R.

MSc in Food Science
and Nutrition
Mysore,



Roshan Lopes

PG Diploma in
Clinical Research
Mumbai

2017 NEP Fellows



Kejal Sheth

BSc in Food Science
and Nutrition
Mumbai



Sakina Patrawala

PG Diploma in Dietetics
and Applied Nutrition
Mumbai



Disha Jhaveri

PG Diploma in Clinical
Nutrition and Dietetics
Mumbai



Mittal Waghela

MSc in Food Science
and Nutrition
Mumbai



Tareshi Dixit

MSc in Clinical Nutrition
and Dietetics
Mumbai



Shweta Nagar

Masters in Food Science
and Nutrition
Ahmadabad



Sushma Gumma

PG Diploma in Clinical
Nutrition and Dietetics
Vijayawada



Zoya Fazal

Bachelor's in Food Science
& Nutrition
Mumbai



Disha Bagadia

PG Diploma Clinical Nutrition
& Dietetics
Mumbai



Akshee Bansal

Masters in Dietetics
and Food Service Management
Ambala



Sidra Bedar

PG Diploma Clinical Nutrition
& Dietetics
Lucknow



Aswwini Sagarr

Master's in Nutrition
and Dietetics
Hyderabad



Shipra Bhatnagar

PhD in Food and Nutrition
Ahmedabad



Pooja Marathe

Master of Business Administration
(Food and Agri Business Management)
Hyderabad



Asha Nair

MSc in Clinical Nutrition
& Dietetics
Kochin



Dhanshree Pachorkar

Bachelor's in Nutrition
& Dietetics
Nashik

2017 NEP Fellows



Hetal Saraiya

PG Diploma in Nutrition
& Health Education
Ahmedabad



Mihika Mittal

PG Diploma in Nutrition
& Health Education
New Delhi



Pinank Gupta

BSc in Food Science
& Quality control
Vadodra



Shilpa Talati

PhD in Food
and Nutrition
Ahmedabad



Anuja Dharap

Masters in Clinical Nutrition
& Dietetics
Mumbai



Chetna Bansal

Masters in Clinical Nutrition
& Dietetics
New Delhi



Mrinali Divecha

Masters in Food Science
& Nutrition
Vadodra



Dhruvi Rathod

PG Diploma Clinical Nutrition
& Dietetics
Bangalore



Saba Mohd Sabir

PG Diploma in Nutrition
& Dietetics
Mumbai



Hetal Kuchara

Masters in Food Science
and Nutrition
Ahmedabad



Uma Borkar

Masters in Nutrition
& Dietetics
Mexico, USA



Anuradha Shah

Masters in Public Health
Pennsylvania, USA



Gurmeet Kaur

Masters in Dietetics
& Food Service Management
Jammu



Abeer Sayed

Masters in Nutrition
& Dietetics
Mumbai



Saloni Bhatt

Masters in Food Science
& Nutrition
Mumbai



Vijeta Goyal

Masters in Dietetics
& Food Service Management
Bangalore

2017 NEP Fellows



Rukhsar Falke

Bachelor's in Dietetics
Mumbai



Qudshiya Motiwala

Masters in Public Health
& Nutrition
Vadodra



Riya Malushte

Msc in Nutrition
& Dietetics
Pune



Vasundhara Arora

Masters in Clinical Nutrition
& Dietetics
Pune

2018 NEP Fellows



Ankita Chowdhury

Masters in Dietetics & Food
Service management
IGNOU



Lata Sharma

Masters in Nutrition
and Dietetics
Delhi



Prachi Sawtekar

Masters in Sports
Nutrition
Mumbai



Vishwa Patel

Bachelor's in Foods
and Nutrition
Baroda



Riya Mehta

Bachelor's in Food Science
and Nutrition
Mumbai



Richa Singh

MSc Food Science
and Nutrition,
Lucknow



Priyanka Shetty

Masters in Clinical
Dietetics
USA



Krutika Nanavati

BSc in Foods, Nutrition
and Dietetics
Mumbai

2018 NEP Fellows



Rachel Deepthi

Masters in Clinical
Nutrition
Chennai



Saima Shaikh

MSc in Clinical nutrition
and dietetics
Mumbai



Sania Qureshi

M.Sc. Foods & Nutrition
(Dietetics)
Delhi



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and Dietetics
Pune



Abha Sardesai

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Nutrition
Mumbai



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and Nutrition
Rajasthan



Purabi Gunjal

Masters in Nutrition
and Dietetics
Pune



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and Nutrition
Bangalore

2019 NEP Fellows



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and Dietetics
Pune



Shilpi Goel

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Dietetics
Pune



Chaithra R

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and Dietetics
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& Dietetics
Mumbai



Swati Chawla

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& Dietetics
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& Dietetics
Pakistan



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and Dietetics
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and Dietetics
Mumbai



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& Nutrition
Noida



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Dietetics
Mumbai

2020 NEP Fellows



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and Nutrition
Chandigarh



Dhwani Jain

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Health nutrition
Delhi



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Applied Nutrition
Bangalore/ Dubai



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Nutrition
Mumbai



Purva Shah

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& Dietetics
Mumbai/ Nashik



Mona Titus

Masters in Dietetics &
Food Service Management
Mumbai/ Chandigarh



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Dietetics
Nashik



Manasi Shah

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and Dietetics
Mumbai



Chaya Mishra

Masters in Nutrition
and Dietetics
Allahbad



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B.Sc in Food Technology And
Management
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2021 NEP Fellows



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Mumbai



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& Health Education
Navi Mumbai



Dhruvi Chokshi

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Clinical Dietetics
Vadodara



Neethu Vipin

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& Dietetics
Bangalore



Apoorva Rao

Masters in Nutrition
& Dietetics
Mumbai



Vandana Garg

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Human Nutrition
Jaipur



Deepakshi Vaid

Masters in Nutrition
& Dietetics
Jammu



Shubhada Kanani

PhD in Foods & Nutrition
Vadodara



Lovely Ranganath

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& Nutrition
Dubai



Gayatri

Chandrasekharan
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& Dietetics
Oman



Payal Banerjee

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& Dietetics
Kolkata



Harpreet Kour

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Belgaum

2021 NEP Fellows



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BSc in Food Science & Nutrition
Hansi



Yamee Bardoliwala

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& Nutrition (Dietetics)
Vadodara



Pooja Singhania

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& Nutrition
Mumbai



Jyothi Srinivas

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& Dietetics
Hyderabad



Najoua EL Mesmoudi

PhD in Nutrition sciences
UAE



Sheetal Naik

PG Diploma in Dietetics
Vadodara

2022 NEP Fellows



Shiny Surendran

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& Dietetics
Chennai



Jishy Seby

Masters in Food Science
and Nutrition
Thrissur



Tarala Choudhary

Bachelor of Science
in Home Science
Haryana



Ciona Raman

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& Dietetics
Mumbai



Rashida Batawala

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Food Service Management
Gujarat



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PG Diploma in Clinical Nutrition
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Juliet D'Souza

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& Dietetics
Mumbai



Amtul Kareem

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& Dietetics
Hyderabad



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Nooreen Aqhtar

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& Dietetics
Hyderabad



Austina Alomib

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& Nutrition
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PG Diploma in Food Science
& Nutrition
Mumbai

2022 NEP Fellows



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& Dietetics
Mumbai



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Nutrition
London



Anshuli Priya

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& Dietetics
Pune



Janki Rana

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Mumbai



Geetanjali Bhide

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Harshita Mody

MSc in Food & Nutrition
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Kanika Mittal

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Haryana



Rekha Sachdev Pohani

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Pune



Ashna Babani

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Mumbai

2023 NEP Fellows



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Food Services Management
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**Vandna
Lalchandani**

Masters in Clinical Nutrition
Navi Mumbai



Sana Shaikh

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and Applied Nutrition
Mumbai



Christilda Dhanraj

Masters in Food Science
and Nutrition
Chennai



Priyanka Nagar

Masters in Food and
Human Nutrition
Jaipur



Shreya Salian

Masters in Clinical Nutrition
and Dietetics
Mumbai



Charu Arora

Masters in Food and Nutrition
Delhi



Priyal Gala

Masters in Specialized Dietetics
Mumbai



Roshan Kore

PGD in Dietetics
Mumbai



Suruchi Nautiyal

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Tamil Nadu



Suganya Devi

MSc in Food service management
and Dietetics
Chennai



Vanshika Kumar

Masters in Clinical Nutrition
Tamil Nadu

Other Programs and Activities



NEP Freedom Webinars (Season 1, 2 and 3)

A webinar once every month on various topics spanning the entire spectrum of a Nutripreneur's life - from motivational counselling to video shooting and everything in between.



NEP LIT30 - Learn IT skills in 30 days

Learn IT skills in 30 days ranging from website creation, generating website traffic, making a YouTube channel and everything in between. These tangible skills will help take your nutrition practice to the next level. (www.mynep.org/lit30)



Design Masters Challenge

An experiential one-of-it's kind gamified program offered over 6 weeks to transform you into a Design Champ so that you can design creatives that will wow your clients. (www.mynep.org/dmc)



Sixth Sense Entrepreneurship Bootcamp

An immersive and interactive 6 day bootcamp to empower nutripreneurs to launch any new product, service or program from scratch in just 6 days.



Nutrition Innovators Summit + eNlight

An annual event where ideas meet and magic happens! Network with fellow Nutripreneurs and engage with industry stalwarts on intellectual discourse around the latest trends in the health, nutrition, dietetics and wellness world.



Workshops and Symposiums

Give your students an opportunity to learn all about the exciting world of Nutripreneurship. Listen in as our founders share candid stories about their individual entrepreneurship journeys, from the highest highs to the lowest lows and all of the lessons they've accumulated. Experiential modules (simulations, group presentations) may be included upon request too.



For details about individual programs, please visit -
www.mynep.org/what-we-do



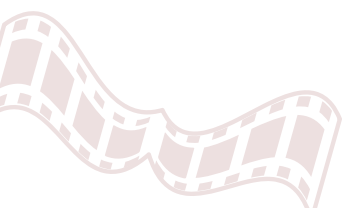
NEP Freedom Webinar Series- Season 1

1. Motivational counselling techniques for difficult clients
2. Build an online practice with zero investment
3. Video-making workshop for Nutritionists
4. Capturing the community
5. Basics of Finance management
6. Effective pricing strategies - Get more for less
7. Blogging essentials for Nutritionists
8. Legal essentials - Copyright, Trademark and Registration
9. Corporate Wellness - an emerging space
10. Building a Maternal and Child Nutrition practice
11. Building a Sports Nutrition practice
12. Generating Passive income for your Nutrition practice



NEP Freedom Webinar Series - Season 2

1. Nutrition supplement recommendations - A complete guide for clinical practice
2. Counselling for behaviour change - A deep-dive
3. Nutripreneur End game - Winning the war against fad diets and quacks
4. Business communication 101 - Crafting your competitive edge
5. First 100 days - Early strategies for growing your nutrition venture /nutrition project
6. Food product development - Emerging business opportunities
7. Shoot, share, encash - Monetizing your video content
8. Tailoring Nutrition interventions - Strategies for managing cultural diversity
9. Go digital - latest trends in online marketing
10. Practice what you preach - How to be a role model for your clients
11. Business Automation 101 - Time-saving technology to your rescue
12. The resilient Nutripreneur - Managing both success and failure





**Sarojini Naidu Vanita Maha Vidyalaya,
Hyderabad.**

4th July, 2017



**Mount Carmel College,
Bangalore.**

September, 2017 NNW



**Symbiosis International University,
Pune**

NNW, September 5, 2017



**eNLight annual event
Ahmedabad**

NNW, September, 2017



SYMPOSIUMS



Jaipur, University of Rajasthan

March 26, 2019



The Maharaja Sayajirao University, Baroda

NNW, September, 2017



IDA Chapter, Ludhiana

December 12, 2019



Navi Mumbai, Mumbai

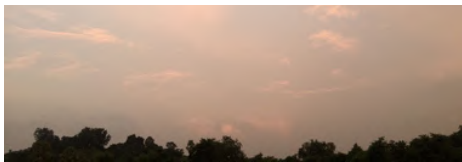
August 19, 2018



NEP ADVENTURE GETAWAYS!



NEP ADVENTURE GETAWAYS!



eNlight 1.0 - 2017



eNlight 2.0 - 2018



BE THE
CHANGE
YOU WANT TO SEE IN THIS
WORLD.
-MAHATMA GANDHI

eNlight 3.0 - 2019

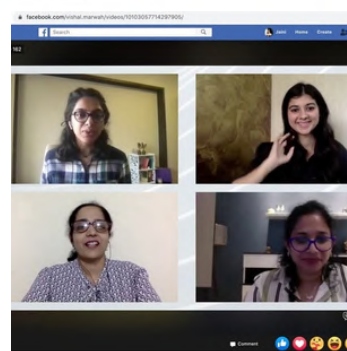
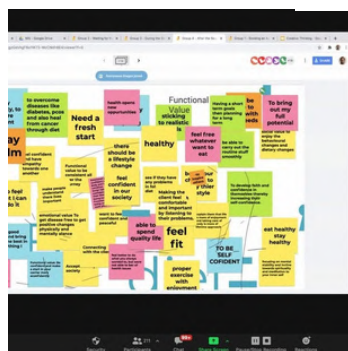
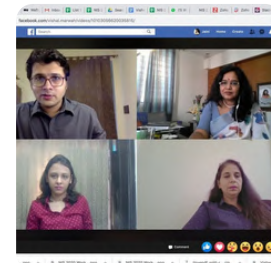


The Nutritionist Entrepreneurship Program presents

NUTRITION INNOVATORS SUMMIT 2020

Oct 1st - Oct 4th, 2020

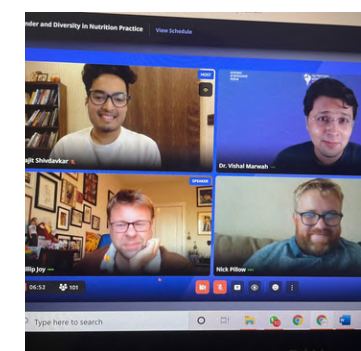
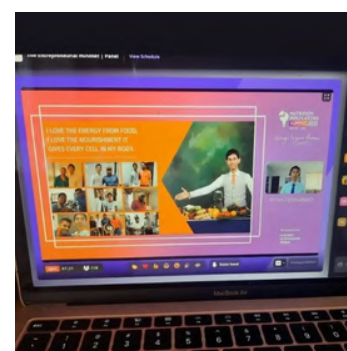
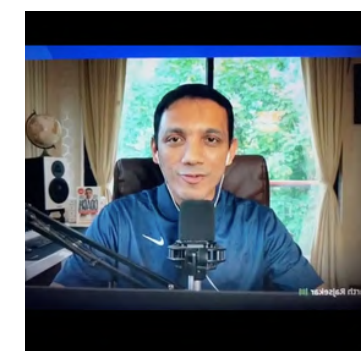
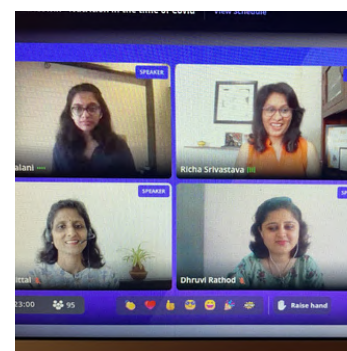
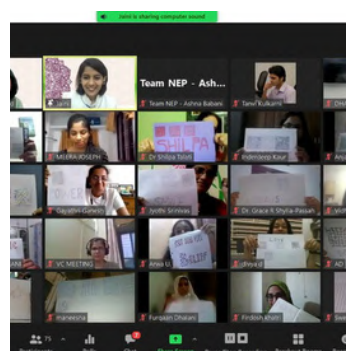
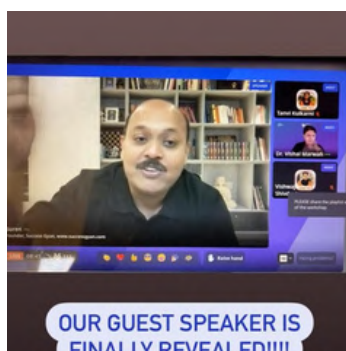
Where ideas meet great minds!



NUTRITION INNOVATORS SUMMIT 2021

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Wings to your dreams



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