NUTRITIONIST
ENTREPRENEURSHIP
PROGRAM

PROSPECTUS
2022

NUTRITIONIST
INTERN-PRENEURSHIP
PROGRAM

An Internship that prepares you for Entrepreneurship

FOREWORD

Dear Nutritionists and Dietitians,

Slightly over six years ago, when we founded the Nutritionist Entrepreneurship Program we knew only two things:

***One** - we want to empower the Nutritionist community*
***Two** - inspiration isn't enough, we want to transform!*

Sure enough, with intent in our heart and purpose in our mind - we manifested a lot in 6 years.

16 cycles, 136 fellows, 38 cities, 10 countries and 3000+ students and graduates inspired through our entrepreneurship workshops and webinars, and we are not done yet!

*The **NEP Intern-preneurship Program (NIP)** is the latest addition to our bouquet of offerings. It is an internship that will prepare you for entrepreneurship!*

NIP has been designed to offer FSND graduates and students access to world-class training in entrepreneurship, technology and design; and an opportunity to work with some of the best nutritionists and dietitians in India.

Our greatest source of inspiration is to see our community succeed and reach great heights - and sure they have made us proud! Are you ready to be one of them?

Being able to wake up in the morning to a job which allows you to touch lives and witness positive changes is an inexplicable joy of a different kind!

Thank you for allowing us to do this.

Health and hugs,
Dr. Vishal Marwah
Program Director, NEP

Dr. Vishal Marwah (MS, MBBS)
Physician Leader and Lifestyle Coach
Founder, Vishwas
Program Director - NEP

BENEFITS OF NIP

Intern with some of the
BEST Nutritionists and Dietitians
in India.

World-class training in
Technology, Design & Entrepreneurship
by NEP

Guaranteed
100% return of investment
within 4 months.

Get a
Certificate of Completion
from NEP

NEP SUPER MENTORS

Dr. Vishal Marwah

Founder, Vishwas Wellness
Program Director, NEP

Shiny Surendran

Founder, Art of Eating
Internationally acclaimed
Sports Nutritionist

Shubhada Kanani

Founder, Pranali

Simmi Khanna

Founder, SK Lean

Disha Jhaveri

Founder, Nutrient Insights

Richa Srivastava

Founder, Nutrospect

Shilpa Mittal

Founder, ShilpsNutrilife

Lovely Ranganath

Founder, Good Food Guru

Dhruvi Rathod

Founder, Step2Health

Chaya Mishra

Founder, Nutrehabs

Harpreet Kour

Founder, Samagra Wellness

Rheya Doshi

Founder, YellowBowl

Vandana Garg

Founder, Jijeevisha

Rachel Deepthi

Registered Dietitian

PROGRAM STRUCTURE

Aug 15th 2022 - Feb 28th 2023
(6 months)

LEARN

- 6 weeks
- 10-20 hours/week

LEARNING PHASE
6 weeks

NEP IT 30
Learn IT Skills in 30 days

LEARNING PHASE
6 weeks

Design Masters Challenge

BREAK
2 weeks

APPLY

- 4 months
- 20-25 hours/week
- **INR 4000** Stipend per month

PRACTICUM PHASE
2 months

Intern with any 2 of the **NEP Super Mentors** (Established Nutripreneurs)

PRACTICUM PHASE
2 months

PROGRAM SCHEDULE

PHASE	DATES
Learning Phase (6 weeks)	August 15th - October 10th, 2022
BREAK (October 10th - October 31st, 2022)	
Practicum Phase (4 months)	November 1st - February 28th, 2023

ELIGIBILITY

- A fresh graduate/final year student from Food Science, Nutrition or Dietetics stream (B.Sc or M.Sc completed) from an accredited college
- Not holding a full-time job or doing any other internship
- Passionate about starting own practice

APPLICATION

STEP 1: APPLY ONLINE -
www.mynep.org/internpreneur

STEP 2: INTERVIEW
If found eligible, candidates will be invited for an online interview

HOW NIP IS UNIQUE?

Regular Internship	NEP Intern-preneurship
Only work	*Work + Learn + Grow*
Gruel work	*Meaningful work*
Follow instructions	*Create your own plans*
Work long hours	*Short focused work*
Unpaid	*Lots of benefits*
Not much FUN	*Lots of FUN*

PROGRAM FEE

- **INR 16,000** (all inclusive)
  (Includes access to NEP Programs LIT30 + DMC + Freedom Webinars valued at INR 42,000/-)
- **100% return** of investment in form of stipends in the practicum phase.

FAQs

Is NIP a paid or unpaid internship?

- NIP is a paid internship, where you get paid a stipend of INR 4000 a month in the practicum phase (lasting 4 months). We want you to become Intern-preneurs and not just interns!

What opportunities will I have post NIP?

- Post NIP you will have ample confidence to start your own practice
- NIP is a great value addition to your CV and you can command a higher salary if you are looking to take up a job

What skills will I acquire through NIP?

- The training phase will sharpen your technology and design skills. The practicum phase gives you an opportunity to work with some of the best nutritionists and dietitians in India. Here you will learn about practical aspects of running a nutrition practice, giving you ample confidence to start up on your own.

What is the total duration of the internship?

- 6 months - 6 weeks of training + 2 week break + 4 months of practicum

How many hours would I have to invest in the program?

- You will have to invest approximately 10-20 hours per week during the training phase and 20-30 hours per week during the practicum phase.

What is covered in the training phase?

- In the training phase you will master your technology and design skills. You will participate in two of our most popular programs - LIT30 (Learn IT in 30 days) and DMC (Design Masters Challenge). You will also get complimentary access to our NEP Freedom Webinar series (36 webinars). The total value of the training is INR 42,000 which you will get for a highly subsidised fee.
- You can check out the curriculum on the respective webpages -
  LIT30 - https://www.mynep.org/lit30
  DMC - https://www.mynep.org/dmc

Will there be live sessions?

- Weekly live sessions (2 hours long) will be conducted during the training phase by Dr. Vishal Marwah, Program Director NEP. This is where you will get feedback on your assignments. The sessions will be held on Mondays 7 pm to 9 pm.

How is the practicum phase structure?

- The practicum phase is for 4 months, where you will work with **2 mentors for 2 months each**. The time commitment is 20-30 hours per week. The work schedule will be mutually decided by the mentor and the intern.

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Who will be our mentor?

- All our mentors are highly successful nutrition entrepreneurs who have established themselves in the space. Several of them are award-winning nutritionists with over 20 years of experience and are working on innovative projects in the space of *clinical nutrition, dietitics, sports nutrition, wellness programs, weight management, research, food product development and more!* You will get an opportunity to work with **any two** of our mentors.

Will I get to choose my mentor?

- Yes, we take every effort to match the interns to their mentors based on their areas of interest. After the training phase, we will conduct a matching session where both mentors and interns share about their work, skills, interest and expectations. Post that they are asked about their preferences and the matching is done.

What if I wish to work with the same mentor for 4 months instead of two?

- Ideally we would want you to work with two different mentors so that you get a diverse experience. However, if you wish to work under the same mentor and if your mentor is ok with it we can make an exception.

What if I wish to extend the duration of my practicum phase beyond 6 months?

- We can certainly allow for that however it will be subject to availability of vacancies under our mentors.

Is the internship online or offline ?

- The training phase is exclusively online. The practicum phase can be online or offline depending on preference of intern and mentor.

What if I am unable to complete the practicum phase immediately after the training?

- In exceptional circumstances, we will give you a grace period of up to 1 year to complete the mandatory 4 month practicum training. We however require you to let us know about it in writing and give us an assurance that you will complete the practicum phase.

When will I start getting paid?

- Once you have finished the training phase (6 weeks), there will be an assessment on how you've performed during this phase. If you have completed all the required coursework, you will be matched with the mentors who will be paying you a stipend for your work..

When will I get my certificate?

- You will receive your certificate only after the completion of the mandatory practicum phase of 4 months.

Can I take up other projects along with NIP?

- Yes definitely you can. However, we do not recommend you to do so during the practicum phase so that you can give your full attention to the internship.

How often will NIP happen?

We run two cycles of NIP in a year -
Spring cycle - January 26th - July 31st
Monsoon cycle - August 15th - February 28th

What is the selection process for NIP like?

- NIP is a highly competitive program and we have limited seats. We have a two step admission process.
- Step 1: We will evaluate your credentials (degree and institutional eligibility)
- Step 2: Interview with our Program Managers (this will be video interview conducted over zoom)

How come NIP is zero-cost investment?

- The total fee for NIP is INR 16,000. However, you will be **recovering 100%** of this investment during the 4 month practicum phase as you will be earning a stipend of INR 4000 per month. As such NIP is a zero-cost, risk-free investment.

CONTACT DETAILS

NUTRITIONIST ENTREPRENEURSHIP PROGRAM

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